Don't Miss the 36th Annual Academy for Lifelong Learners!

University of Wisconsin Eau Claire

Continuing Education

Tuesday, June 3, 2025 | 7:00 a.m. – 3:15 p.m. Davies Student Center | UW-Eau Claire Campus

This "positively ageless" program returns with a full day of learning, resources, and social connection! Attendees will gain valuable insights from expert speakers, participate in engaging workshops, and connect with a community of peers. Whether you're looking to expand your knowledge, explore new interests, or access helpful resources, this event offers practical takeaways in an enjoyable setting! Don't miss this opportunity to learn, connect, and engage!

The registration fee for attendees is \$69 (early bird cost - register by April 28th) / \$79 (standard fee - registration close date is May 20th)

Registration opens March 3rd. Learn more and register online at uwecly: uwec.ly/ALL2025signup

WHAT YOU CAN EXPECT:

- Inspiring Keynote Address: We're excited to welcome Inga Witscher, a beloved local celebrity, accomplished dairy farmer, flower grower, and PBS host. Inga will share her inspiring journey, offering practical insights into living a more sustainable and fulfilling life in her keynote presentation "Farm-Fresh Lessons: Living Intentionally and Sustainably.
- **Explore Sponsor Galleries:** Connect with dozens of area businesses and organizations in our sponsor galleries; discover new products, services, and ways to engage!
- **Good Eats:** Enjoy complimentary continental breakfast and plateserved lunch while catching up with friends.
- **Engaging Workshops:** Participants can choose from a variety of workshops focusing on personal growth, wellness, communication, nature, history, creative expression, navigating technology, and more.

- **Closing Entertainment:** End the day with lively entertainment from the musical duo, Nice 'N" Easy, playing a mix of fun, familiar music that will have you tapping your toes and singing along!
- Extra Fun:
 Capture
 memories
 at the
 photobooth
 and enter to
 win exciting
 prizes!





SPEAKING

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Many people could use a reliable guide when it comes to navigating through the retirement labyrinth. After all, fully understanding the numerous options available and knowing that making mistakes along the way can be costly can make retirement feel unpredictable – maybe even downright scary – but it doesn't have to. You don't have to face it alone, we're here to help.

Catch our episodes Sundays at 10:30 am on WEAU, watch anytime on our YouTube channel, or listen to our podcast at your leisure.

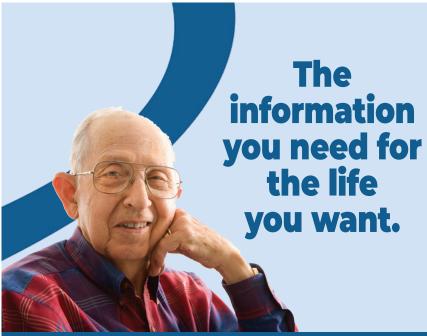
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OUR HEALTH INSURANCE CONSULTANT IN EAU CLAIRE!



www.dhs.wisconsin.gov/adrc

All residents of Wisconsin have access to a local Aging & Disability Resource Center. ADRCs provide Wisconsin residents with unbiased information related to aging or adults living with a disability. The goal is to help people maintain their independence by connecting them with the right resources.

Contact us for a free, confidential consultation to get unbiased information about local resources for individuals ages 60+, and adults with disabilities.



ADRC of Chippewa County 715-726-7777

ADRC of Dunn County 715-232-4006

ADRC of Eau Claire County 715-839-4735



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Protect your personal information

Detect suspected fraud, abuse, and errors

Report suspicious claims or activities



Preventing Medicare Fraud



Continuing Education

Academy for Lifelong Learners

SCHEDULE AT A GLANCE:

7-8:45 a.m. | Check-in

Arrive early and enjoy the following activities:

Continental Breakfast Sponsored by Milestone Senior Living

Sponsor Galleries — First and Second Floor: Open from 7 a.m.–1:45 p.m. Pick up valuable information from dozens of exhibit booths. Be sure to fill out your Puzz-ALL card throughout the day to be entered for the Get-a- Way Prize Package from On the Go Bus! as well as additional prizes from area businesses.

Stroke Risk Factor Screenings *Sponsored by Mayo Clinic Health System* Available from 7 a.m.–1:45 p.m. Stop by the Mayo Clinic Health System booth for Stroke Risk Factor Screening.

Photo Booth *Sponsored by Beehive Homes of Eau Claire.* Available from 7–11:30 a.m. and 12:30–1:45 p.m. Visit the photo booth on the first floor to have a FREE photo taken and receive a fun keepsake.

Massages *Sponsored by Stucky Chiropractic.* Available from 7-8:45 a.m., 11-11:30 a.m., and 12:30-1:45 p.m. Visit the Stucky Chiropractic booth to relax with a complimentary massage.

8:45-9:45 a.m. | Opening Session

Welcome - Cathy Reitz, Academy for Lifelong Learners emcee

Opening Remarks – Katie Anibas, President of Cambridge Senior Living

Keynote Address: Inga Witscher Sponsored by Cambridge Senior Living

9:45-10 a.m. | Break

10-11 a.m. | Session 1 Workshops

11-11:30 a.m. | Break | Sponsor Gallery, Photo Booth, Massages, Stroke Risk Factor Screening

11:30 a.m.-12:30 p.m. | Session 2 Workshops

12:30–1:45 p.m. | Lunch (Meal is included with the registration fee)

The sponsor galleries, massages, stroke risk factor screenings and photo booth will remain open until 1:45 p.m.

1:45-2:45 p.m. | Session 3 Workshops

2:45–3:15 p.m. | Closing Session Sponsored by Assisted Living Advisors

- Enjoy dessert and entertainment by the musical duo, Nice 'N' Easy
- Closing Remarks Cathy Reitz, Academy for Lifelong Learners emcee
- Announcement of Prize Winners: Get-a-Way Prize Package winner and other door prizes (must be present to win).

Registration Information:

Registration opens March 3!

Sign up by April 28 and save \$10!

Early Bird Cost:

\$69 per person — register by April 28.

Standard Fee:

\$79 per person — registration close date is May 20.

The registration fee includes opening session and keynote speaker, three workshops, closing session and entertainment, tote bag, lanyard, handouts, continental breakfast, and lunch. You will also have the opportunity to browse the sponsor galleries and enjoy the fun!

Register Online at uwecly: uwec.ly/
ALL2025signup or by scanning the QR code below.

Please Note: UW-Eau Claire will not accept phone registrations for Academy for Lifelong Learners.





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Our Special Needs Trusts help preserve the assets of people with disabilities without endangering their eligibility for public benefits. For information on setting up a Wispact Trust use our Contact Us Form at wispact.org/contact-us/

LIVING BEYOND LIMITATIONS





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No matter what stage of life you're in, Cambridge Senior Living has the flexibility to fit your lifestyle! **Age in place** with us & enjoy these fantastic amenities & more:

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- Weekly exercise programs
- In-house theater
- On-site salon & spa
- Beautiful views

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- OT/PT/ST/RN visits
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JOIN US FOR AN EXCLUSIVE TRAVEL SHOW!

Tuesday, April 8, 2025

9AM-11AM • 1PM-3PM • 4PM-6PM

29 Pines Conference Center, 5872 33rd Ave, Eau Claire

Come and go as you please and meet the Star Destinations team!

- Visit with Janet and Craig, founders of
- Learn about upcoming tours!
- Get more details on 2025 tours.

 Visit with Dawn, one of our Star Destinations
- Be the first to preview our 2026 tours!Mingle with fellow travelers
- **Enjoy light refreshments**

Please RSVP (715) 220-4597 **or** OnTheGoBus@stardestinations.com

Don't miss the opportunity to plan your exciting 2025 adventure!

Memphis Beats & Beyond

Duluth North Shore Excursion July 21-25

Branson **Holiday Adventure** Fixer Upper &

Pioneer Woman May 12-19

Twilight River Cruise September 17-20

New York Christmas

A Milwaukee Brewers Baseball May 27-28

Utah's Mighty 5, Grand Canyon, & Vegas September 30-October

Oregon Coast & California Redwoods June 22-28

River Roots Festival October 7-13

Watch our website OnTheGoBus.com for more tours!

Booking is easy! Call (715) 220-4597 or email OnTheGoBus@stardestinations.com



