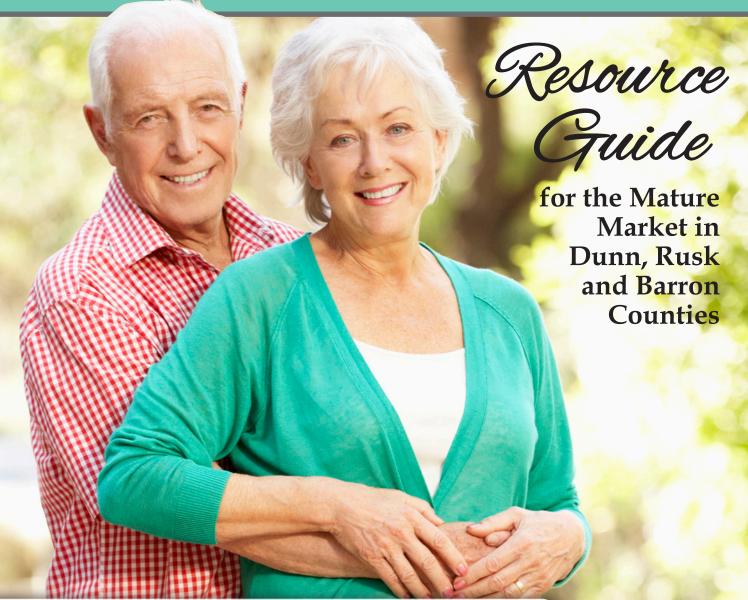
# Helping Hands



Do you want to move? Maybe downsize? Or maybe a loved one needs to know where they can get in-home care or where they can go for a social meal?

You've come to the right place.

Helping Hands is here for you.

## MILESTONE SENIOR LIVING







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the seasons

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For Long-Term Care options contact your local <u>Aging and Disability Resource Center.</u> www.dhs.wisconsin.gov/adrc/

www.mychoicewi.org/hh 800-963-0035 TTY 711



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Questions: seniorreviewnewspapers@gmail.com 715-831-0325

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Assisted & Independent Living



### Call for a Reservation!

660 E. Birch Ave, Barron, WI (715) 537-5643

1100 Seventh Avenue, Cumberland, WI 54829 (715) 822-7050

1001 East 11th Street North, Ladysmith, WI 54848 (715) 532-5546



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- ▶ REPORT suspicious claims or activities

SMPs are grant-funded projects of the federal U.S. Department of Health and Human Services (HHS), U.S. Administration for Community Living (ACL).



## Independent Living

Facilities:	County	Subsidized	Public or Private Transportation	Pets Allowed	Beauty/ Barber Shop	Dining	Elevator to All Floors	Storage	Entertainment	Parking/Garage	Religious Services	Laundry
Barron County Housing Authority 715-537-5344	Barron	Yes	Public	Yes	No	No	No	Yes	No	Yes	No	Yes
Housing Authority of Menomonie 715-235-0656	Dunn	Yes	Public	Yes	Yes	No	Yes	No	No	Yes	No	Yes
The Oaks Senior Living 715-235-7793	Dunn	6 Apts.	If Contacted	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Bible Study	Yes
The Lakewood Apts. Cumberland 715-822-2741	Barron	Yes	Private	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
University Village Menomonie Apartments 715-834-3411	Dunn	Yes	Public	No	No	No	No	Yes	No	Yes	No	Yes

## \* Other facilities in the Dunn/Rusk/Barron County Areas

**Dancing Oaks** Menomonie 715-233-0406

Tantara Apartments Menomonie 715-235-4718

Barron County Housing Authority 715-537-5344

Brentwood Senior Communities Rice Lake: 715-736-7400

Boyceville Manor 715-235-4718

Bruce Housing Authority Parksite Apartments, Bruce 715-868-4731

Catholic Charities Bureau Housing Mgmt -Evergreen Apartments Chetek: 715-394-2012 Cedar Grove Apartments Menomonie 715-232-9940

Chetek Housing Authority - Lone Oak Apartments Chetek 715-924-3300

**Colfax Housing** 715-235-4718

Colfax Prairie Homes 715-962-3238

Cumberland Housing Authority 715-822-2005

Evergreen Manor Colfax 715-778-5938

Galloway Homes Menomonie 715-235-9041 Gaylord Nelson Apartments Menomonie 715-419-2238

Greenwood Manor Ladysmith 715-532-7543

Hillcrest Apartments Wheeler 715-688-2272

Hosford-Rich Apartments Menomonie 715-235-0656

Housing Authority City of Barron - Parklawn Apartments 715-537-5344

Jospeph J Vinopal Villa Almena 715-651-2053 Kathy Richards Management Menomonie 1-906-932-5500

Ladysmith Housing Authority, Ruskhaven Apartments 715-532-7076

Memorial Heights Apartments Menomonie 715-235-0656

Menomonie Country Apartments 715-664-8751

Morningside Apartments Sand Creek 715-688-2272

**Neil Rasmussen Manor** Glen Flora 715-418-4100 Pine Ridge Apartments Ridgeland

715-688-2272

715-235-7376

**Pinedale Apartments** Menomonie

Rice Lake Housing Authority 715-234-3721

Ridgeland Housing 715-235-4511

**Riverview Apartments** Downsville 715-688-2272

**Sunnyside Apartments** Knapp

715-308-3158

Sunrise Meadow II Barron 800-606-9227 x 336

The Lakewood **Apartments** Cumberland 715-822-2741

**Tiffany Apartments** Boyceville 715-688-2272

Turtle Lake Non-profit Housing -Lakeland Manor 715-986-2546

University Village Menomonie 715-834-3411

**Valley View Apartments** Knapp 715-688-2272

Warren Knowles Manor Menomonie 715-419-2238

West Cap 715-235-4511

William Bechtel Villa Ladvsmith 715-418-4100

Woodland Village **Apartments** Rice Lake 715-234-1590

**Woodstone Senior Living** Community Rice Lake 715-736-6060

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#### Activities

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Rice Lake . . . . 715.234.8444 Menomonie .. 715.235.8335

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- **4** 715-926-4938

#### Ed's Pharmacy

- 1511 MAIN ST BLOOMER WI 54724
- **\( 715-568-2190 \)**

#### **Colfax Pharmacy**

- 525 MAIN ST COLFAX WI 54730
- **4** 715-962-3784

#### Wally Shong Pharmacy

- 153 W LINCOLN ST AUGUSTA WI 54722
- **5** 715-286-2515

## Home Care & Hospice

Adoray Home Health & Hospice 715-629-1888

Advanced Living Care 715-505-2812

Asian Home Health 715-254-0893

Aveanna Home Health 715-598-5600

Care & Rehab- Barron 715-537-5643

Care & Rehab-Cumberland 715-822-7050

Care & Rehab-Ladysmith 715-532-5546

Center for Independent Living 715-736-1800

Chores & Care -ADRC 715-537-6225

Comfort Keepers 715-381-6730

Fancy Feet Foot Care 715-234-7224

Flambeau Home Health & Hospice 715-339-4371

Gentiva Health Services
- Heartland Hospice
888-436-8482

Hands On In-Home Care 715-949-1313

Help At Home, LLC 920-210-5292

House Calls Personal Touch Respite Program 715-232-6475

Hearts of Gold, Inc. 715-468-2931

Home Sweet Home 715-296-5586

Hope Hospice and Palliative Care 715-532-0173

Indianhead Community Action Agency 715-532-4222 Indianhead Medical Center Home Health (Shell Lake Hospital) 715-468-7833

Interim Healthcare 715-832-1313

International Quality Homecare Corporation 877-854-1411

Lakeview Medical Center Home Care & Hospice 715-236-6256

Mayo Clinic Health System Home Health & Hospice 715-537-3186, Barron

Moore Genuine Care 715-286-2734

Nicolett Staffing Supportive Home Care 715-532-9202

Peaceful Living 715-386-7071

Safe at Home Senior Care 715-598-7233

Seniors Helping Seniors 715-514-4511

Spring Valley Home Health 715-778-5045

**St. Croix Hospice** 715-318-0916

**St. Joseph's Hospice** 1-800-726-3485 or 715-726-3485

Stepping Stones 715-235-2920

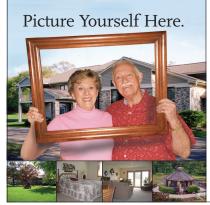
Sunshine Care Inc 715-514-5566

Supportive Home Services 715-762-3200

Tong Xeng Home Care 715-514-4406

Touching Hearts at Home 715-245-1944

**Visiting Angels** 715-598-1750



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## Assisted Living

Facilities:	County	Type (AFH, RCAC, CBRE)	Monthly Cost Range	Subsidized	Private Units	Scheduled Transportation	Alzheimer's Care	Respite Care	Call System	Diabetes Mgmt.	Rehab. Services	24/7 On-Site Care	Nurse On-Site	
Amery Memory Care 715-268-4800	Polk	CBRF	Call	No	60	Assist with	Yes	Yes	Yes	Yes	Contracted	Yes	Yes	
Apple Valley Home 715-835-5141	Eau Claire	AFH	Call	No	Yes	Yes	No	No	Upon Request	Yes	Call for Rehab	Yes	No	
Azura Memory Care 715-563-2618	Eau Claire	CBRF	Call	No	Yes	Assist With	Yes	Yes	No	Yes	Yes	Yes	Yes	
Cambridge Senior Living 888-651-7220	Barron/ St.Croix	CBRF	Call	No	Yes	Assist with	Yes	Yes	Yes	Yes	Contracted	Yes	Yes	
Care & Rehab-Ladysmith 715-532-5546	Rusk	RCAC	Call	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Care Villas of Ladysmith 715-532-5546	Rusk	RCAC	Call	Yes	Yes	Assist with	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Comforts of Home 715-953-2196	Dunn	RCAC	Visit website	No	Yes	Assist with	No	Yes	Yes	Yes	No	Yes	Yes	
Comforts of Home 715-800-8325	Dunn	CBRF	Visit website	No	Yes	Assist with	Yes	Yes	Yes	Yes	No	Yes	Yes	
Dove Healthcare-Barron Assisted Living 715-537-1151	Barron	RCAC	Call	No	34	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	
Dove Healthcare-Bloomer Assisted Living 715-568-2716	Chippewa	RCAC	Call	No	24	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	
Meadowbrook at Chetek 715-924-4891	Barron	RCAC	Call	Yes	Yes	Assist with	No	Yes	Yes	Yes	Yes	Yes	Yes	

## \* Other facilities in the Dunn/Rusk/Barron County Areas

Autumn Village Menomonie 715-235-3697

Meadowbrook at Chetek 715-924-4891

Brentwood Senior Communities Rice Lake 715-736-7400 Lake Manor - Ladysmith 715-532-6090

Monroe Manor Barron 715-537-5700

Our House - Rice Lake 715-236-7211

Our House Senior Living Menomonie 715-232-8181 Pelican Place Apartments Chetek 715-924-4357

Potters Country Home Menomonie 715-235-6789

River's Edge Chetek 715-790-4727 Triple Springs Country Home Downing 715-643-7040

Woodstone Senior Living Community Rice Lake 715-736-6060

## Skilled Nursing & Rehab

Facilities:	County	Private Room	Total Beds	Medicare	Medicaid	Attached to Hospital	Respite Care	Hospice	Respiratory Care	IV Therapy	Therapy Services	Memory Care
Care & Rehab-Barron 715-537-5643	Barron	Yes	50	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Care & Rehab-Cumberland 715-822-7050	Barron	Yes	50	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Care & Rehab -Ladysmith 715-532-5015	Rusk	Yes	50	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-Bloomer 715-568-9770	Chippewa	Yes	50	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	No
Dove Healthcare-Rice Lake 715-234-2604	Barron	Yes	50	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	No
The Neighbors of Dunn County 715-232-2661	Dunn	Yes	137	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Wisconsin Veterans Home at Chippewa Falls 715-720-6775	Chippewa	Yes	72	Yes	Yes	No	Call	Yes	Yes	Yes	Yes	No

## \* Other facilities in the Dunn/Rusk/Barron County Areas

American Lutheran Home 715-235-9041, Menomonie

Amery Memory Care 715-268-4800

Meadowbrook of Chetek 715-924-4891

Brentwood Memory Care 715-736-7402, Rice Lake

Colfax Health & Rehabilitation Center 715-962-3186

Cornell Health Services 715-239-6288

Glenhaven (Glenwood City) 715-265-4555

Golden Age Manor 715-268-7107, Amery

Heritage of Elmwood Nursing Home 715-639-2911

Heritage Lakeside 715-234-9101, Rice Lake Knapp Haven Nursing Home

715-924-4891, Chetek

Ladysmith Care Community 715-532-5546

Monroe Manor 715-537-5700, Barron

Our House Memory Care 715-736-0347, Rice Lake

**Pioneer Nursing Home** 715-455-1178, Prairie Farm

Rusk County Memorial Hospital Swing Bed 715-532-5561, Ladysmith

Spring Valley Health & Rehab 715-778-5545

Woodstone Memory Care 715-736-6060, Rice Lake

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## Food and Nutrition

## **\*** Grocery Shopping Assitance

**Community Connections Program** 715-235-2920

Dicks Fresh Market 1408 9th Street E. Menomonie 715-235-2134

**Grandma's Helpers** 715-308-9275 or 715-308-9273

Kyle's Market 115 S Main Street, Colfax 715-962-3585

## \* Senior Dining

**Colfax Grapevine Senior Center** (Mon thru Thurs) 715-962-2550

Dairyland Café in Ridgeland (Mon thru Fri) 715-949-1985

Eau Galle Civic Center (Mon & Wed) 715-232-4006

**Hosford-Rich Apartments** (Mon, Tues, Thurs, Fri) 715-235-4047

Sand Creek Café (Mon thru Fri) 715-658-1335

**Tantara Apartments** (Mon thru Fri) 715-556-0266

## \* Food Pantries

And Food Programs and Free/Reduced Cost Meals

Boyceville – West CAP Food Access & Resource Center 823 Main Street - 715-280-3238 Serves Boyceville & Glenwood City Area School Districts Food Pantry Schedule: Every Thursday 1-7 pm Commodity boxes for age 60 and older. Senior Farmers Market Vouchers

**Boyceville Food Harvest Ministry** \$15 Requested Donation – You Eat You Qualify 3rd Saturday of the Month, 8 am 1002 Main Street, Boyceville For More Information. Call 715-619-6979

Commodity Supplemental Food Program - CSFP

Supplemental food package through West CAP 715-977-1167

**Dunn County - FoodShare** Formerly Food Stamps Program (Income Based) Call GRCC 1-888-283-0012 or Dunn County Human Services at 715-232-1116

**Dunn County Elderly Nutrition** Program – Must be 60+ Home-Delivered Meals. Congregate meal sites in several communities. Nutritional supplements (Ensure). Senior Farmers Market Vouchers. Dunn County ADRC: 715-232-4006

Dunn County - WIC Program (Women, Infants & Children) **Dunn County** Government Center, 3001 US Hwy 12 East, Suite 9, Menomonie 800-722-2295



Elk Mound – Shepherd's Shelf Shepherd of the Hill Lutheran Church, 207 University Street, Elk Mound Tuesdays 4-6 pm and Fridays 10 am-12 noon – Elk Mound Residents Only 715-879-5115

Elk Mound Farmer's Market Elk Mound Village Hall on Hwy 12 715-879-5011

**Knapp – Plates and Knappkins Food Distribution** 

Every month that has a 5th Saturday (about every 3 months) 7–9 am - \$15 Donation 508 Highway 12, Knapp 715-665-2310

**Knapp Community Projects Food Pantry** 

Thursdays 2-5 – Donations welcome 715-665-2310

#### Little Free Pantry - Our Savior's **Lutheran Church**

910 Ninth Street, Menomonie 715-235-0693 Take what you need – share what you can.

## Menomonie – Monday's Meal

From 5-6:00 pm. Menomonie United Methodist Church. 2703 Bongey Drive, Menomonie 715-235-0654

#### Menomonie – Tuesday's Table

Hot home-cooked meal every Tuesday 5-6:00 pm. St Joseph's Catholic Church. 921 Wilson Avenue, Menomonie 715-232-4922

#### Menomonie – Wednesday's Table

Hot home-cooked Meal every Wednesday 5-6 pm Christ Lutheran Church. 1306 Wilcox Street. Menomonie 715-235-5573

#### Menomonie – Thursday's Table

Hot home-cooked meal every Thursday 5-6 pm. First Congregational Church, 420 Wilson Avenue. Menomonie 715-235-5838

#### **Menomonie Farmer's Market**

May through October Wilson Street Park, Menomonie Wednesdays 10 am-6 pm, Saturdays 8 am-1 pm 715-641-0050

### School Lunches – Free/Reduced and Project SAM (Share A Meal)

Contact your local school's food service office Menomonie 715-235-2920 or assistant@steppingstonesdc.org

#### Stepping Stones Food Pantry

Food pantry and Commodity Boxes for 60+ Income guidelines apply, call for more information 1602 Stout Road. Menomonie Call for hours: 715-235-2920

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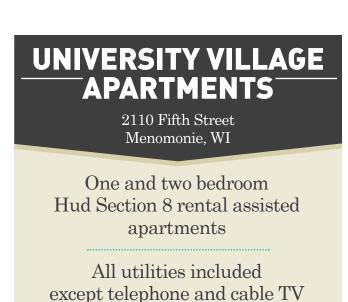
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603 E 21st Avenue, Menomonie *Physically disabled housing* 

### Warren Knowles Manor • 715-419-2238

507 Cedar Court, Menomonie Physically disabled housing

ImpactSeven.org

## Joseph J Vinopal Villa • 715-651-2053

105 Ashland Avenue W, Almena Senior housing

#### Neil Rasmussen Manor • 715-418-4100

N5762 Cedar Street, Glen Flora Physically disabled and senior housing

### William Bechtel Villa • 715-418-4100

1200 W Baker Avenue, Ladysmith Senior housing

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- Weekly exercise programs
- In-house theater
- · Secure courtyard



## CALL TO SCHEDULE A TOUR! 888.651.7220





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