

RESOURCE GUIDE

Resources for Seniors, Families and Caregivers in Dunn County

If you have any questions or would like clarification on any of the information presented on the list, please call the Aging and Disability Resource Center of Dunn County at 715-232-4006 or 833-534-0606. Our email address is adrc@dunncountywi.gov and our website address is: <https://dunncountywi.gov/adrc>



General Information & Outreach for Seniors and Disabled Adults

Information and/or Assistance to Appropriate Services

Aging & Disability Resource Center of Dunn County	715-232-4006
Compass IL (formerly CILWW)	715-233-1070 or 1-800-228-3287
dunn.myresourceguide.org/resources	
Elder Care Locator	1-800-677-1116
Federal Citizen Information Center	1-844-872-4681
Great Rivers 2-1-1	1-800-362-8255
Hmong Mutual Assistance Association	715-832-8420

Access to Publicly Funded Long-Term Support Services

Aging & Disability Resource Center of Dunn County	715-232-4006
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Elder and Vulnerable Adult Abuse (financial, physical, emotional)

The Bridge to Hope	715-235-9074 or 1-800-924-9918
Dunn County Department of Human Services	715-232-1116
Elder Abuse Hotline	1-833-586-0107

Legislative Information

Legislative Hotline	1-800-362-9472
Tony Evers (Governor)	1-608-266-1212
Tammy Baldwin (US Senator)	1-608-264-5338
Ronald Johnson (US Senator)	1-414-276-7282
Derrick Van Orden (3 rd District US Congressman)	1-202-225-5506
Rob Stafsholt (10 th District State Senator)	1-608-266-7745
Jesse James (23 rd District State Senator)	1-608-266-7511
Romaine Quinn (25 th District State Senator)	1-608-266-3510
Jeff Smith (31 st District State Senator)	1-608-266-8546
Treig Pronschinske (State Rep, 92 nd Assembly District)	1-608-237-9129
David Armstrong (State Rep, 67 th Assembly District)	1-608-237-9167
Rob Summerfield (State Rep, 68 th Assembly District)	1-608-237-9168
Karen Hurd (State Rep, 69 th Assembly District)	1-608-237-9169
Christian Phelps (State Rep, 93 rd Assembly District)	1-608-237-9193

Alzheimer's, Confusion and Memory Loss

Alzheimer's Information and Support Groups

Aging & Disability Resource Center of Dunn County	715-232-4006
Alzheimer's Association 24-Hour Help Line	1-800-272-3900
Alzheimer's Disease Education and Referral Center	1-800-438-4380
Dementia Support Group	715-232-4006
Wisconsin Alzheimer's Institute	608-263-2862

Adult Day Care

Aurora Community Services	715-235-1839
Grace Lutheran Adult Day Services	715-738-1925

Hmong Senior Center LLC	715-514-3491
Reach Adult Day Services (Menomonie)	715-235-7733
Reach Adult Day Services (Eau Claire)	725-833-7755
Rellim Senior Day Care	715-600-0746
Shirley Doane Senior Center	715-235-0954

Dementia Care Living Facilities

Comforts of Home Advanced Memory Care	715-800-8325
Our House Memory Care	715-232-8181
The Neighbors of Dunn County	715-232-2661
VitaCare Living (Care Partners Assisted Living)	715-235-6333

Memory Diagnostic Evaluation Clinics

Mayo Clinic Health System Memory Care Clinic	715-838-1900
Marshfield Clinic Memory Disorders Clinic	715-858-4500

Caregiver Support

Support Groups

Aging & Disability Resource Center of Dunn County	715-232-4006
(Family Caregiver Support Program & Alzheimer's Support Program)	

Call for current information for all support groups.

Caregiver Coffee Hour	<u>VIRTUAL</u>
Caregiver Support Group	Monday Coffee Connect
Dementia Support Group (Colfax)	Monday DISH
Exploring Dementia	Circle of Support
Relatives Raising Children	Evening Conversations
Women Connected	Minds & Voices
	Lewy Body Dementia
	Friday Support
	Third Wednesday

Employment

Dunn County Job Center Workforce Development	715-232-7360
Employment Resources, Inc. (ERI)	1-608-246-3444
Indianhead Senior Community Service Employment Program	715-231-4179
LE Phillips Career Development Center	715-834-2771
WI Department of Vocational Rehabilitation	1-800-622-1771

Exercise, Fitness and Health

Exercise and Fitness

Colfax Grapevine Senior Center	715-962-2550
Menomonie High School Pool & Fieldhouse	715-232-1197
Rassbach Museum (winter walking program)	715-232-8685
Shirley Doane Senior Center in Menomonie	715-235-0954
UW-Stout Fieldhouse	715-232-1392
YMCA	715-231-2348

Health and Wellbeing

American Cancer Society	1-800-227-2345
American Diabetes Association	1-800-342-2383
Arthritis Foundation	1-800-283-7800
Dunn County Health Department (mammograms for low income women under 65)	715-232-2388
Flu shots – DC Health Department	715-232-2388
Shirley Doane Senior Center	715-235-0954
Free Clinic of Menomonie	715-308-3808
Mayo Clinic Patient Education	507-284-8140
National Cancer Institute	1-877-448-7848
Smoking Cessation – DC Health Department	715-232-2388

Financial/Legal/Advocacy

Complaints/Investigation

Benefit Specialists/ADRC of Dunn County	715-232-4006
Compass IL (CILWW)	715-233-1070
Consumer Product Safety Commission	1-800-638-2772
Consumer Protection	1-800-422-7128
Disability Rights of Wisconsin	1-877-338-3724
	(TTY) 1-888-758-6049
Elder Financial Empowerment (Elder Financial Abuse)	1-800-488-2596
Fraud Information Center	1-800-876-7060
Landlord/Tenant (Dept of Agriculture)	1-800-422-7128
Medicare Fraud Spotters	1-800-633-4227
Office of the Commissioner of Insurance	1-800-236-8517
Ombudsman Program for Nursing Homes/Group Homes/ Community Options Program	1-800-815-0015

Estate Planning

WI State Law Library	1-800-322-9755
Probate	715-232-6782

Financial Assistance

Benefit Specialists/ADRC of Dunn County	715-232-4006
Energy Fuel Assistance (WestCap)	715-598-4750
Food Share (Quest Card)	1-888-283-0012
Medical Assistance (Forward Card)	1-888-283-0012
Medicare	1-800-633-4227 or 715-232-4006
Prescription Drug Assistance Program	715-232-4006
Senior Care Prescription Drug Program	1-800-657-2038
Social Security and SSI	1-800-772-1213 or 1-866-815-2924
Wisconsin SSI	1-800-362-3002

Guardianship Assistance

Dunn County Human Services	715-232-1116
WI Guardianship Support Center	1-855-409-9410

Insurance Information

Benefit Specialists/ADRC of Dunn County	715-232-4006
GRCC (Medicaid/Badgercare)	1-888-283-0012
Medigap Hotline	1-800-242-1060
Office of the Commissioner of Insurance	1-800-236-8517

Legal Assistance Information

Free Legal Assistance	wi.FreeLegalAnswers.org
Lawyer Referral Service	1-800-362-9082
State Bar of Wisconsin	1-800-728-7788
Wisconsin Judicare	1-800-472-1638

Representative Payee

House Calls of Menomonie Inc.	715-232-6475
Payee Services	715-233-0203
Polk Burnett Payee Inc	715-731-0133
RP Services of WI Inc.	715-285-5020

Taxes

Internal Revenue Service	1-800-829-1040
myfreetaxes.com	1-866-698-9435
Property Tax Deferral Program (WHEDA)	1-800-755-7835
Vita Free Tax Preparation	1-800-906-9887
Wisconsin Department of Revenue	1-608-266-8100
Wisconsin Tax Refund Info	1-608-266-8100

Veterans Services

Dunn County Veterans Service Office	715-232-1646
Veteran's Administration – Wisconsin	1-800-827-1000

Food and Nutrition

Grocery Shopping Assistance

Community Connections Program	715-235-2920
Dicks Fresh Market, 1408 9th Street E, Menomonie	715-235-2134
Grandma's Helpers	715-308-9275 or 715-308-9273
Kyle's Market, 115 S Main Street, Colfax	715-962-3585
Walmart, 108 Cedar Falls Road, Menomonie	715-235-6565

Wisconsin Parkinson Association	414-312-6990
National Multiple Sclerosis Society	800-344-4867
ALS Association Wisconsin	414-763-2220

Home Delivered Meals

Aging & Disability Resource Center of Dunn County	715-232-4006
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Senior Dining (Hot Meals) 715-232-4006

Colfax Grapevine Senior Center (Mon thru Thurs)	715-962-2550
Dairyland Café in Ridgeland (Mon thru Fri)	715-949-1985
Hosford-Rich Apartments (Mon, Tues, Thurs, Fri)	715-235-4047
Sand Creek Café (Mon thru Fri)	715-658-1335
Tantara Apartments (Mon thru Fri)	715-556-0266

Area Food Pantries/Food Programs and Free/Reduced Cost Meals

Boyceville – West CAP Food Access & Resource Center

823 Main Street - Phone: 715-280-3238
Serves Boyceville & Glenwood City Area School Districts
Food Pantry Schedule: Every Thursday 1-7 pm
Commodity boxes for age 60 and older. Senior Farmers Market Vouchers

Commodity Supplemental Food Program – CSFP

Supplemental food package through West CAP Phone: 715-977-1167

Dunn County - FoodShare – Formerly Food Stamps Program (Income Based)

Call GRCC 1-888-283-0012 or Dunn County Human Services at 715-232-1116

Dunn County Elderly Nutrition Program – Must be 60+ - Home-Delivered Meals.

Congregate meal sites in several communities. Nutritional supplements (Ensure).
Senior Farmers Market Vouchers. Dunn County ADRC: 715-232-4006

Dunn County – WIC Program (Women, Infants & Children)

Dunn County Government Center, 3001 US Hwy 12 East, Suite 9, Menomonie -
Phone: 800-722-2295

Elk Mound – Shepherd's Shelf

Shepherd of the Hill Lutheran Church, 207 University Street, Elk Mound
Tuesdays 4-6 pm and Fridays 10 am-12 noon – Elk Mound Residents Only
Phone: 715-879-5115

Elk Mound Farmer's Market

Elk Mound Village Hall on Hwy 12 Phone: 715-879-5011

Knapp – Plates and Knappkins Food Distribution

Every month that has a 5th Saturday (about every 3 months)
7-9 am - \$15 Donation
508 Highway 12, Knapp - Phone: 715-665-2310

Knapp Community Projects Food Pantry

Thursdays 2-5 – Donations welcome
Phone: 715-665-2310

Little Free Pantry – Our Savior's Lutheran Church

910 Ninth Street, Menomonie Phone: 715-235-0693
Take what you need – share what you can.

Menomonie – Monday's Meal

From 5-6:00 pm, Menomonie United Methodist Church, 2703 Bongey Drive,
Menomonie – Phone: 715-235-0654

Menomonie – Tuesday's Table

Hot home-cooked meal every Tuesday 5-6:00 pm. St Joseph's Catholic Church,
921 Wilson Avenue, Menomonie – Phone: 715-232-4922

Menomonie – Wednesday's Table

Hot home-cooked Meal every Wednesday 5-6 pm
Christ Lutheran Church, 1306 Wilcox Street, Menomonie
Phone: 715-235-5573

Menomonie – Thursday's Table

Hot home-cooked meal every Thursday 5-6 pm. First Congregational Church,
420 Wilson Avenue, Menomonie – Phone: 715-235-5838

Menomonie Farmer's Market

May through October – Wilson Street Park, Menomonie
Wednesdays 10 am-6 pm, Saturdays 8 am-1 pm Phone: 608-327-0080

School Lunches – Free/Reduced and Project SAM (Share A Meal)

Contact your local school's food service office

Menomonie 715-235-2920 or assistant@steppingstonesdc.org

Stepping Stones Food Pantry

Food pantry and Commodity Boxes for 60+

1602 Stout Road, Menomonie - Call for hours: 715-235-2920

Pop-Up Curbside Food Pantries in rural Dunn County – Call 715-232-2920

Hearing Impairment**Information, Support, Assistive Devices**

Aging & Disability Resource Center of Dunn County	715-232-4006
Center for Communication, Hearing & Deafness	1-414-604-2200
Compass IL (CILWW)	715-233-1070
National Hearing Aid Helpline	1-800-521-5247
Office for the Deaf and Hard of Hearing	1-855-359-5252
TAP Hearing Aid Assistance (TAP HAA)	1-608-266-2536
TEPP Program	1-608-231-3305 or 1-715-233-1070
Wisconsin Bureau for the Deaf and Hearing Impaired	(TTY) 1-855-359-5252 Or 608-266-1255
Wisconsin Relay Customer Support	(TTY/Voice) 1-800-676-3777
(Speech Disabled) 1-877-787-1989 or (Espanol) 1-800-676-4290	
Local telephone companies can provide help with assistive devices.	

Home Modifications/Repairs**Relocation, Repairs and Modifications**

101 Mobility (Stairlifts, Ramps, Auto Lifts, etc.)	612-540-0070
Access ((Home and Vehicle Mobility)	844-945-4387
Caring Transitions (Moving/Decluttering/Downsizing)	715-318-1410
Compass IL (CILWW)	715-233-1070
City of Menomonie Deferred Loans	715-235-9081
Dunn County Community Development Block Grant	715-726-7933
Eau Claire Home Organizers	715-500-4762
Foundation for Rural Housing	888-400-5974
Habitat for Humanity	715-833-8993
Home Repair/Buyer Program (CCHA)	715-726-7933
Home Safety Innovations	920-538-2148
Lifeway Mobility (Wheelchair lifts/ramps)	952-808-3646
RANWW Foundation (REALTORS Association)	715-835-0923
Stepping Stones Community Connections Program	715-235-2920
Tomorrow's Home Foundation	1-608-255-1088
(Mobile and Manufactured Homes)	
USDA Rural Development	715-232-2614
West Cap	1-800-606-9227 or 715-598-4750
Local telephone and utility companies;	
Local city/village government "Block Grants."	

Housing Options**Apartments with Noon Meals, Light Housekeeping, Emergency Call System (Varies per site)**

Galloway Home	715-214-1360
Hosford-Rich Apartments	715-235-0656
Tantara Apartments	715-235-4718
The Oaks	715-235-7793

Assisted Living (Services vary)

American Lutheran Communities (Mondovi)	715-926-4962
Assisted Living Advisors	715-210-4066
Assisted Living Locators	715-628-2011
Autumn Village	715-235-3697
Cambridge Senior Living (Eau Claire)	715-577-8418
Colfax Senior Living	715-962-3186
Comforts of Home Assisted Living	715-231-3020
Our House Senior Living	715-232-8181
Potters Country Home	715-235-6789 or 715-505-0621
VitaCare Living (Care Partners and Country Terrace)	715-235-5112

Skilled Nursing Facilities

American Lutheran Home	715-235-9041
Glenhaven (Glenwood City)	715-265-4555
Spring Valley Senior Living & Health Care	715-778-5545
The Neighbors of Dunn County	715-232-2661

Subsidized Housing Units (rent is based on income)

Boyceville Manor	715-235-4718
Cedar Grove Apartments (Menomonie)	715-232-9940
Colfax Manor	715-235-4718
Colfax Prairie Homes	715-598-4750
Gaylord Nelson Apartments (Menomonie)	715-419-2238
Hillcrest Apartments (Wheeler)	715-619-0062
Hosford-Rich Apartments (Menomonie)	715-235-0656
Menomonie Housing Authority (Menomonie)	715-235-0656
Memorial Heights Apartments (Menomonie)	715-235-0656
Morningside Apartments (Sand Creek)	715-619-0062
The Oaks (Menomonie)	715-235-7793
Pine Ridge Apartments (Ridgeland)	715-619-0062
Pinedale Apartments (Menomonie)	715-716-4173
Ridgeland Manor	715-235-4718
Riverview Apartments (Downsville)	715-619-0062
Sunnyside Apartments (Knapp)	715-665-2495
Tantara Apartments	715-235-4718
Tiffany Street Apartments (Boyceville)	715-619-0062
University Village (Menomonie)	715-834-3411
Valley View Apartments (Knapp)	715-619-0062
Warren Knowles Manor (Menomonie)	715-419-2238

Subsidized Rent Vouchers

Dunn County Housing Authority	715-598-9887
Lutheran Social Services	877-967-5577
Menomonie Housing Authority	715-235-0656
West Cap	1-800-606-9227 or 715-598-4750

Other Senior Housing Options

Dancing Oaks	715-233-0406
www.seniorhomes.com/wisconsin/seniorlivingnearme.org	
Village at White Pine	715-231-2100

In-Home Services**Nursing, In Home Services, Respite, Bathing Assistance, Housekeeping**

Adoray Home Health & Hospice	1-800-359-0174
Advanced Living Care LLC	715-505-2812
Advanced Wound Care	262-302-2592
All or Some Cleaning Services	715-949-1530
Almost Family Home Health Care	715-831-0631
Appeal to Heaven	715-379-7889
Aurora Community Health	715-235-3707
Aveanna Home Health	715-598-5600
Caring Transitions (downsizing, decluttering, estate sales)	715-318-1410
Compass IL (CILWW)	715-233-1070
Clearwater Assisted Living LLC	715-598-8866
Cornerstone Caregiving	534-444-9021
Empatia Palliative Care	414-944-2038
Heal to Thrive	779-210-7387
His Hands & Feet, LLC	715-505-1645
Home Companions	715-533-8946
Home Instead	715-941-4717
House Calls Personal Touch Respite Program	715-232-6475
Integrity Home Healthcare	715-944-9065
Interim Home Healthcare & Palliative Care	715-834-1313
Lakeland Home Health Care	715-239-2075
MaidPro (cleaning services)	715-215-2519
Mayo Clinic Health Systems Home Care	800-236-8408
Peaceful Living	715-386-7071
Safe at Home Senior Care	715-598-7233
St. Croix Structuring (transition/hoarding services)	715-243-9375
Seniors Helping Seniors	715-514-4511
Serenity Care Agency	715-308-3800
Stepping Stones	715-235-2920
Sunshine Care Inc.	715-514-5566
Touching Hearts at Home	715-245-1944
Two Sisters and a Bucket	715-495-2825
Village Caregiving	715-492-0191
Visiting Angels	715-598-1750

ADRC STAFF

Tracy Fischer, *ADRC Manager*

Amy White, *Social Worker*

Bernie Allen, *Aging & Transportation Programs Manager*

Bethany Schneider, *Elder Benefit Specialist*

Carla Berscheit, *Dementia Care Specialist*

Casey Schnacky, *Outreach Caregiver Coordinator*

Cassie Schoenthaler, *Office Coordinator*

Kelly Bien, *Social Worker*

Lisa Schuler, *Disability Benefit Specialist*

Mary Linberg, *Case Worker*

Wendy Sterry, *Social Worker*

Foot and Nail Care

Careful Cares Medi Pedi	715-556-5772
Caring Hands on Soles	715-491-0022
Foot & Nail Care UW Eau Claire (Apr-Oct)	715-836-3636
Just Toes & Foot Care	715-559-6077
Shirley Doane Senior Center	715-235-0954
The Mobile Nail Care Nurse, LLC	701-373-5458

Hospice Services

Adoray Home Health & Hospice	1-800-359-0174
Heartland Hospice	1-866-216-5708
Interim Healthcare Hospice Care	715-834-1313
Lily Home & Hospice	715-201-2233
Mayo Clinic Health System Home Health & Hospice	1-800-236-8408
Moments Hospice	715-800-0900
St. Croix Hospice	1-855-278-2764

Medical Equipment

All Star Mobility	715-598-8433
Apria Healthcare	715-834-7517
Compass IL (CILWW)	715-233-1070
Grace Home Respiratory (Altoona)	715-832-7377
Home Safety Innovations	920-379-4439
Mayo Clinic Store (Eau Claire)	715-838-1815
NuMotion, LLC	715-552-3711
Veterans Service Office (Loan Closet)	715-232-1646
WI Council of the Blind & Visually Impaired	1-800-783-5213

Mental Health Resources

Arbor Place	715-235-4537
Aurora Counseling Center	715-235-4696
Beacon Mental Health Resources	715-308-5742
Callier Clinic (Office in Menomonie)	715-836-0064
Crisis Texting Line (HOPE)	Text "TALK" to 741741
Dunn County Department of Human Services	715-232-1116
Hmong Family Helpline	1-877-740-4292
LGBT National Hotline	1-888-843-4564
LGBT National Youth TalkLine (up to age 25)	1-800-246-7743
Mayo Clinic Behavioral Health	715-233-7891
Monarch House Peer Run Respite	715-505-5641
NAMI Chippewa Valley	715-450-6484
National Alliance on Mental Illness NAMI	1-800-950-6264
National Domestic Violence Hotline	1-800-799-7233
National Sexual Assault Hotline	1-800-656-4673
Northwest Connections	1-888-552-6642
Suicide Hotline	988 or 1-800-273-8255
The Friendship Line (for seniors)	1-800-971-0016
Trans Lifeline	1-877-565-8860
UpliftWI	1-534-202-5438
Veterans Crisis Line	988 or 1-800-273-8255

Senior Centers & Organizations

Senior Centers

Boyceville Community Center	715-643-2351
Colfax Grapevine Senior Center	715-962-2550
Hmong Senior Center	715-514-3491
Rock Creek Town Hall (Mondovi)	715-563-3478
Shirley Doane Senior Center	715-235-0954

Senior Citizen Organizations

AARP (American Association of Retired Persons)	1-888-687-2277
CWAG (Coalition of Wisconsin Aging Groups)	1-608-224-0606 or 1-800-488-2596

Personal Emergency Response Systems

*Not an all-inclusive list – Endorsements are not assumed nor implied

Alert1	1-877-594-4097
FastHelp	1-866-964-3375
Home Safety Hub (24-7 Telcom)	1-715-231-2000
Lifefone	1-800-331-9198
Lifeline	1-855-681-5351
Lively (Best Buy Health)	1-800-345-5651
Medical Alert	1-800-800-2537
Medical Guardian	1-800-668-9200
Per Mar Security Services	1-800-473-7627
Senior Safety	1-888-473-2800
VRI Cares	1-800-860-4230
Angel Sense	1-888-999-2023

Transportation Services

Buses

Dunn County Transit Commission	715-235-7433
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Volunteer Drivers

Aging & Disability Resource Center	715-232-4006
Compass IL New Freedom Transport Program	715-233-1070 or 1-800-228-3287
Stepping Stones of Dunn County	715-235-2920
Veterans Service Office	715-232-1646

Other Transportation Providers

Accessible Vehicle Rentals	1-800-596-4366
A&J Mobility (personal vehicle accessibility conversion- Including rentals)	1-877-833-9830
Anytime Transport, LLC	715-559-6607
Carepool	833-268-2688
Handi-Lift	715-822-5077
Heartland Transportation	715-949-1313
Town & Country Taxi	715-309-9619 or 715-563-7272
MTM/Veyo (Badgercare & Medicaid clients)	1-866-907-1493

Vision and Hearing Impairment

Books/Newspapers on Tape (Talking Books)

Wisconsin Talking Book and Braille Library	1-414-286-3045
Wisconsin Council of the Blind	1-608-255-1166 or 1-800-783-5213
Local libraries have large print books and books on tape.	

Information, Support and Assistive Devices

American Foundation for the Blind	1-800-232-5463
Compass IL (CILWW)	(Voice & TTY) 1-800-228-3287 or 715-233-1070
Lighthouse Guild	1-800-284-4422
Wisconsin Council of the Blind	1-608-255-1166 or 1-800-783-5213
WI Office for the Deaf and Hard of Hearing	1-855-359-5252

